



The Catholic Parish of St. John Boste. Serving: Penrith, Alston, Appleby & Kirkby Stephen

Parish Priest: Fr. John B. Winstanley, Deacons: Rev. Charlie Conner and Rev. David Greaves

The Rectory, St. Catherine's Church, Drovers Lane, Penrith, Cumbria. CA11 9EL

T: 01768 862273 E: parishoffice.stcatherines@btinternet.com W: www.stcatherinepenrith.org.uk

St. Wulstan's Church, Kings Arms Lane, Alston, Cumbria, CA9 3JF Our Lady of Appleby Church, Garth Heads Road, Appleby in Westmorland, CA16 6UA

The Haydock Community Centre at St. Catherine's: Bookings via parish website, T: 07976 255145, E: haydockcc@btinternet.com

Parish Contacts for Safeguarding: Rosemary (Penrith), Mike (Appleby) & Jeanette (Alston).07469 511974.

safeguarding.stcatherines@btinternet.com

14 April 2024 – THIRD SUNDAY OF EASTER

MASS TIMES & INTENTIONS:

Masses & Services at St. Catherine's unless otherwise stated

Sat 13 **9am** Sylvia Mary Ford

6pm Mass at St. Wulstan's Alston

Mary Shields & Norah Frizzle

Sun 14 **THIRD SUNDAY OF EASTER**

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8.30am Mary Magdalena Sang

10.30am Rodolfo Fermilan

12 noon Baptism of Benjamin Arthur Stephenson

4pm at Our Lady of Appleby People of the Parish

Mon 15 No Mass

Tue 16 **St. Bernadette**

12 noon at Our Lady of Appleby Welfare Int (FF)

Wed 17 **9.15am** Leonard Michael Brankin

Thu 18 **7pm** Jackie Pereira (Birthday Intentions)

Fri 19 **12 noon** DM (sick)

Sat 20 **9am** Holy Souls (Seddon)

2pm Wedding Service for Benedict Craft & Gigha Gibson

6pm Mass at St. Wulstan's Alston Infirm Clergy

Sun 21 **FOURTH SUNDAY OF EASTER**

8.30am Patricia Ann McGeown

10.30am Melanie Leeder (Thanksgiving Int)

4pm at Our Lady of Appleby People of the Parish

CONFESSION TIMES: (also, anytime on request)

St. Catherine's: Saturdays 9.30am 10am

St. Wulstan's, Alston: Saturdays 5.30pm

Our Lady of Appleby: Sundays 3.30pm

DEVOTIONS:

Rosary - Thursdays 6.40pm

Adoration of the Blessed Sacrament - Saturday 9.30am - 10am.

PLEASE PRAY FOR:

To be received into the Full Communion of the Catholic Church: Vanessa O'Dea on Pentecost Sunday, 19 May, at the 10.30am Mass.

Marriage: Benedict Craft & Gigha Gibson in St. Catherine's on Saturday 20 April at 2pm.

The Sick: Barbara Carter, Eileen Holland, Maureen Richardson, Des & Pat Prior, Vivienne Knowles, Jackie O'Neill, Ken Oakley, Helen Farrow and Kath Rigby.

Latently Dead: *May they rest in peace.*

Anniversaries: Mary Shields, Norah Frizzle, Jennifer Carrick, Francis Slessor, Greta McDonald, Enid Thompson and Mary McAlindon.

BAPTISM: Today we welcome into the Faith of the Church **Benjamin Arthur Stephenson** through the Sacrament of Baptism at 12 noon in St. Catherine's.

TEA & COFFEE after Sunday Mass: 8.30am & 10.30am every week. At Appleby 1st Sunday. All welcome.

CAN YOU HELP? We need an extra volunteer to complete the tea and coffee rota for 8.30am Mass (working in pairs). If you can help, please contact Mary Coen directly or via the

Parish Office.

TODAY 'MISSIO - Red Boxes at St. Catherine's will be collected after morning Masses, so please bring boxes to church. Empty boxes will be returned to the Narthex as soon as possible for you to collect. Many thanks. *Lorna Mullett and Denis Smith*

DIOCESAN PILGRIMAGE TO WALSINGHAM with Bishop Paul Swarbrick on 2-6 September 2024. Deacon Charlie is the pilgrimage organiser. Email: charlie.conner@lrcd.org.uk. Pick up point in Penrith. More information in the narthex.

NEXT SUNDAY is Vocations Sunday when we are asked to reflect on praying for and promoting vocations to the priesthood, diaconate and consecrated religious life. There will be a Special Collection for the Ecclesiastical Education Fund. We usually have a Pastoral Letter from the Bishop for the 'Good Shepherd' Sunday.

Fire and Light with Cor et Lumen Christi Community, 8-10 pm in the Chapel at The Old Convent, St Cuthbert's, Wigton, on 8th May. You are invited to join us on Wednesday 8th May at the Old Convent, Wigton, for an evening of deep worship and powerful ministry around the Blessed Sacrament. Contact: stcuthberts@coretlumenchristi.org

THIS WEEK:

Tues 3pm Prayer Group in the Quiet Room

3.45pm First Holy Communion Preparation in School

Thurs 7.30pm PPC Planning Group for revised constitution

Sun 21st 9.30am First Holy Communion Preparation in Haydock Centre

ADVANCE DATES:

Sun 28 April Family event and picnic

Friday 3 May 3.45pm First Confessions at St. Catherine's

Sat 4 May 3pm Clergy Fraternal at Alston

Sun 5 May 2.30pm Baptism of Joseph Campbell at Our Lady of Appleby

Thur 9 May Solemnity of the Ascension:

Masses: 6pm Alston for the Vigil (8th May)

On the day 9.15am at Penrith and 7pm at Appleby

Sat 11 May 10.30am First Holy Communion Mass at St. Catherine's

STATISTICS for 7/4/24: Many thanks for your generosity

	Attendance	Collection
Alston (Vigil)		£+ £49 SO
Penrith	8.30am 81 10.30am 137	£526.66 + £471 SO
Appleby	33	£126.00 + £19.12 SO
Totals	251	£1,191.78



Encountering Christ

The Wednesday Prayer Custom for Homes, Schools & Parishes

Prayerfully preparing for Sunday Mass with special prayers for our school families



Set aside 10-15 minutes and create a suitable environment by removing any distractions. Make sure that you are comfortable. Perhaps light a candle. Make the sign of the cross and remain still for a minute of settling silence.



Remember that through this scripture our Lord is truly present. Read the Gospel, aloud and slowly, and pay attention to any words that stand out. If any do, meditate on them for a few minutes and be invited into a dialogue with God.

1

Read

The Gospel for Sunday 21st April 2024

THE GOOD SHEPHERD

Jesus said, "I am the good shepherd: the good shepherd is one who lays down his life for his sheep. The hired man, since he is not the shepherd and the sheep do not belong to him, abandons the sheep and runs away as soon as he sees a wolf coming, and then the wolf attacks and scatters the sheep; this is because he is only a hired man and has no concern for the sheep. I am the good shepherd; I know my own and my own know me, just as the Father knows me and I know the Father; and I lay down my life for my sheep. And there are other sheep I have that are not of this fold, and these I have to lead as well. They too will listen to my voice, and there will be only one flock and one shepherd. The Father loves me, because I lay down my life in order to take it up again. No one takes it from me; I lay it down of my own free will, and as it is in my power to lay it down, so it is in my power to take it up again; and this is the command I have been given by my Father."

Taken from John 10:11-18 The Fourth Sunday of Easter, Year B

2

Reflect

After reading the Gospel, did any words stand out? If they did, ponder or discuss them before proceeding with the reflection.

Each year on this 4th Sunday of Easter there is a reading from John about the Good Shepherd. To think of ourselves as woolly and cuddly sheep, obedient to the shepherd, would be a mistake. Sheep are renowned as being silly, contradictory creatures, always starting off in the wrong direction, getting themselves into tangles and difficulties. In the Holy Land they are scraggy beasts, pastured on rocky and often dangerous ground, amid boulders and cliffs, threatened by wild animals and marauders. It was not simply a matter of the shepherd sitting on a rock and idly playing his pipe. He needed to be on the alert to save the sheep from hurting themselves. So Jesus as the good shepherd is kept well occupied by our foibles, our stubbornness, our mistakes and our fears. Again, as in this Sunday's other two readings, there is the reassurance of a close relationship with the Father. Jesus knows us intimately, just as he knows the Father. It is questionable whether in real life a shepherd should lay down his life for his sheep. What would happen to the remainder of the flock? But it is an expression of Jesus' whole-hearted devotion to the flock that he shepherds. **What is a shepherd's job with the sheep? How can Jesus act as your shepherd? Who do you think of as shepherds in your life? What do you value most in those who guide you?**

Dom Henry Wansbrough OSB

3

Respond & Request

Now slowly and prayerfully read the Gospel once again but this time in silence. Consider how this Gospel could apply to your life in general. Thank God for any insight you may have received.

Then ask God to bless you with a spiritual gift to help you act on any resolution you have made. Perhaps: love, hope, understanding, wisdom, faithfulness, peace, self control, patience, joy, forgiveness, hope or something else.

4

Pray for Families

This Wednesday's word for our school families is TRUST!

After praying for your loved ones, please remember to pray for our present and future Church, particularly for the families connected to our schools. You may want to conclude this special weekly time with a simple prayer such as:

St Joseph, Patron Saint of Families and Protector of the Church, pray for us. Mary, Star of Evangelisation, pray for us. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

WEDNESDAY WORD PLUS †

Fr Henry's reflections on the first and second readings of **Sunday 21st April 2024**



1st Reading: Acts of the Apostles 4:8-12

Carrying on the Life of Jesus

Filled with the Holy Spirit, Peter said, "Rulers of the people, and elders! If you are questioning us today about an act of kindness to a cripple, and asking us how he was healed, then I am glad to tell you all, and would indeed be glad to tell the whole people of Israel, that it was by the name of Jesus Christ the Nazarene, the one you crucified, whom God raised from the dead, by this name and by no other that this man is able to stand up perfectly healthy, here in your presence today. This is the stone rejected by you the builders, but which has proved to be the keystone. For of all the names in the world given to men, this is the only one by which we can be saved."



The Acts of the Apostles shows that the Church carries on the life of Jesus. Under the leadership and power of the Spirit the Church represents the Risen Christ in the world of the first century and of today. So Peter and Paul work the same sorts of miracles as Jesus did, as signs and works of power. They heal people, raise the dead, forgive sins and spread the Good News of the sovereignty of God, just as Jesus did. In less spectacular ways the life of the Church community still continues the work of Jesus. Peter explains that all this is done 'in the name of Jesus'. The name signifies the power of a person. So we are baptised in, or even into, the name of Jesus, and in this way take on his personality and his power in the Spirit. We become the company of Jesus. It is in his name or power that we hope. In the early years of the Church, Christians were known as those over whom the name of Jesus had been pronounced, that is, those who have entered under Jesus' patronage and who trust in his name.

What does it mean to be a part of "the company of Jesus"?



2nd Reading: 1 John 3:1-2

Sharing the Heritage of Jesus

Think of the love that the Father has lavished on us, by letting us be called God's children; and that is what we are. Because the world refused to acknowledge him, therefore it does not acknowledge us. My dear people, we are already the children of God but what we are to be in the future has not yet been revealed; all we know is, that when it is revealed we shall be like him because we shall see him as he really is.



From beginning to end this first letter of John is a meditation on Christian love and its implications. The innermost motivation of all Christian activity is the awareness that we have been raised to the sonship of God and to be co-heirs of God with Jesus. This is a new sort of 'sonship', for both women and men have been raised to it, whereas in the world of the apostles only sons (not daughters) could inherit. This 'sonship' enables us to call God 'Father'. When Paul speaks of this, he uses the Aramaic word 'Abba' as a sort of talisman and guarantee that we can pray 'Father', using the same address as Jesus himself used. 'Abba' is not a children's word like 'Daddy', as has sometimes been supposed, but is the expression of a warm and responsible adult relationship. Just as Jesus' sonship to the Father consisted in doing perfectly the Father's will and being about the Father's business in his whole life, so the Christian, spurred on by this relationship, is drawn to a heartfelt obedience to God. This must be a challenge for us.

Do we always act as children of the Father, being truly his representatives in the world, striving to bring his will to completion in all that we do?

“...striving to bring his will to completion in all that we do.”

The Wednesday Word Encountering Christ: Connecting Home, School & Parish through the Word of God

**The Wednesday Word is under the patronage of St Joseph, Patron Saint of Families and Protector of the Church
Within the tradition of the Catholic Church, each Wednesday is dedicated to St Joseph**