



JESUIT
INSTITUTE

Pilgrims of Hope



“Being disciples of Jesus and progressing along the path of holiness means first and foremost letting ourselves be transfigured by the power of God’s love.”

Pope Francis

[Jesuit.org.uk/events](https://www.jesuit.org.uk/events)

Who are we?

Life to the full

Inspired by St Ignatius of Loyola, our spirituality invites people to live more fully and act more purposefully for the good of all life on Earth. We offer people a chance to reflect, grow closer to God, and find their path.



Prayer and Discernment

Through our events and resources, we help people to explore prayer, grow in discernment, foster means of real encounter with others and to share the joy of the Gospel.

'It was wonderful. Very uplifting'

A Participant on School of Prayer

Reaching out to where you are

We work through online events, digital experiences or an in person visit to your parish or faith community.

'Very helpful and insightful. Makes you look at your faith in a different way.'

An online retreat participant

Towards the Jubilee Year



'I would greatly desire that we devote 2024, the year preceding the Jubilee event, to a great "symphony" of prayer. Prayer, above all else, to renew our desire to be in the presence of the Lord, to listen to him and to adore him.'

Pope Francis, letter to the President of the Pontifical Council for the Promotion of the New Evangelisation 2022

Welcoming the Year of Prayer

Online Workshop

Wednesday 15th November 2023 19.30–20.45

We will prayerfully welcome in the Year of Prayer in preparation for the Jubilee Year 2025 with a guided time of prayer around the theme of jubilee and the opportunity to share in small groups.

Adventure in Prayer

Online Course

Advent: Monday 27th November – Friday 1st December 2023 **Afternoons:** 14.00–15.15
OR Evenings: 19.30–20.45

Eastertide: Monday 13th – Friday 17th May 2024
Afternoons: 14.00–15.15 **OR Evenings:** 19.30–20.45

Find a way of praying that works for you and experience the riches of prayer with our online course. Adventure in Prayer will involve being guided in different types of prayer, individual time for prayer and sharing in small groups.

The Spirit of the Synod

Living with the Spirit of the Synod

Online Course

November 2023: 7th 19.30–21.00, Saturday 11th 10.00–16.00, Tuesday 14th 19.30–21.00

January 2024: Wednesday 10th 19.00–20.30, Saturday 13th 10.00–16.00, Wednesday 17th 19.00–20.30

July 2024: Wednesday 3rd 19.00–20.30, Saturday 6th 10.00–16.00, Wednesday 10th 19.00–20.30

Over this short online course of two evenings and a full day, we will explore synodal expressions of mission, participation and community through shared experience, prayer, reflection and discussion. We hope that this will help us grow more as pilgrims of love, changed through encounter, listening and discernment.

The Art of Ignatian Conversation

Online Course

September 2024: Saturday 28th 10.00–16.00, Sunday 29th 13.00–16.30

If you are curious to engage in deeper conversations – through attentive listening and intentional speaking – this weekend may be for you. We will consider the art of conversation through the lens of Ignatian spirituality and what this might offer in the service of the Holy Spirit.

For your prayer life



Imagine

Online

First Wednesday of Each Month, 8pm

A guided prayer meditation with the imagination based on themes from the Gospels, the saints and seasons, the Spiritual Exercises of St Ignatius of Loyola and even the natural world. Includes optional sharing in small groups.

See jesuit.org.uk/events for updates

Pray as you go

App | Online | Podcast


Pray As You Go

A daily prayer session, designed to go with you wherever you go, to help you pray whenever you find time, but particularly whilst travelling to and from work, study, etc.

Lasting between ten and thirteen minutes, it combines music, scripture and some questions for reflection. Available on an app, via the web or podcast.

Reaching out to where you are



Weeks of Guided Prayer

We offer a 'retreat in daily life' (usually over a week) with one-to-one accompaniment sessions with a prayer guide and workshops on a variety of themes for parishes, university chaplaincies and other faith communities. These are offered both in person and online.

'A good experience; I felt refreshed, renewed, joyful, more focused. God filled up my spiritual tank.'

An online retreat participant

Journeying as a parish

If you would be interested in some specific input, perhaps as part of an ongoing process within your faith community, then our team can facilitate workshops around themes of listening, discernment, prayer and the Synod.

Something else?

Talk to our experienced and creative team about what else we can offer and for testimonies about our work.



Discernment in common

For parishes and other faith communities, we can also offer 'bespoke' facilitation to help groups such as a Parish Council make a collective decision around an issue through communal discernment e.g. developing a mission statement. Contact us for details.

'We listen better, we're more willing to speak what we really think and, above all, we're always asking "What does God want?" and prayerfully waiting for his answer.'

A parish priest following a Communal Discernment with PPC



Prison Project

We offer the opportunity for a Week of Guided Prayer or a Week of Encounter for those in prison. This Project has been supported in its development by various prison chaplains and Principal Chaplains. Contact us for details.

Find out more...



Contact us

Email the team: JI-Admin@jesuit.org.uk

A new Jesuit Institute website is coming soon!

For now, check out: Jesuit.org.uk/events

To find out more about the Jesuits in Britain, go to Jesuit.org.uk

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Sign up for our mailing list for weekly reflections on scripture, prayer inspiration and news of our latest events.

<http://eepurl.com/gnPwAb>



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